

# **Registered Dietitians in Asia -Making it a reality Taiwan's experience**

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# Learning Objectives

- **Knowing the registration requirement in Asian countries**
- **Knowing the employment requirement in Asian countries**
- **Knowing the education and training requirement in Asian countries**

# Registration of Dietitians in Taiwan

- **1984 Dietitians' Act**
- **1988 National Registration Exam**

# **Dietitians' Act - Taiwan**

- Chapter 1      General Principles**
- Chapter 2      Practice**
- Chapter 3      Nutrition Counseling Agency**
- Chapter 4      Penal Provisions**
- Chapter 5      Association**
- Chapter 6      Supplementary Provisions**

# Dietitians' Act - Taiwan

- **Qualification** – national examination
- **Certification** – issued by Department of Health
- **Exclusion** – excluding those who do not have dietitian certificates
- **Licensure** – issued by local health authorities
- **Duties**

# Examination Subjects - Taiwan

- **Nutrition**
- **Biochemistry and Physiology**
- **Therapeutic Nutrition**
- **Food Sanitation and Safety**
- **Quantity Meal Planning and Management**
- **Public Health Nutrition**

**Nutrition Assessment, Nutrition in Life Cycle,  
Food Fundamentals.**

# Dietitians' Act - Taiwan

## ■ Duties

1. **Assessment of nutritional status.**
2. **Meal planning and consultation.**
3. **Supervising quantity food service.**
4. **Supervising therapeutic diet.**

# European Federation of Associations of Dietitians

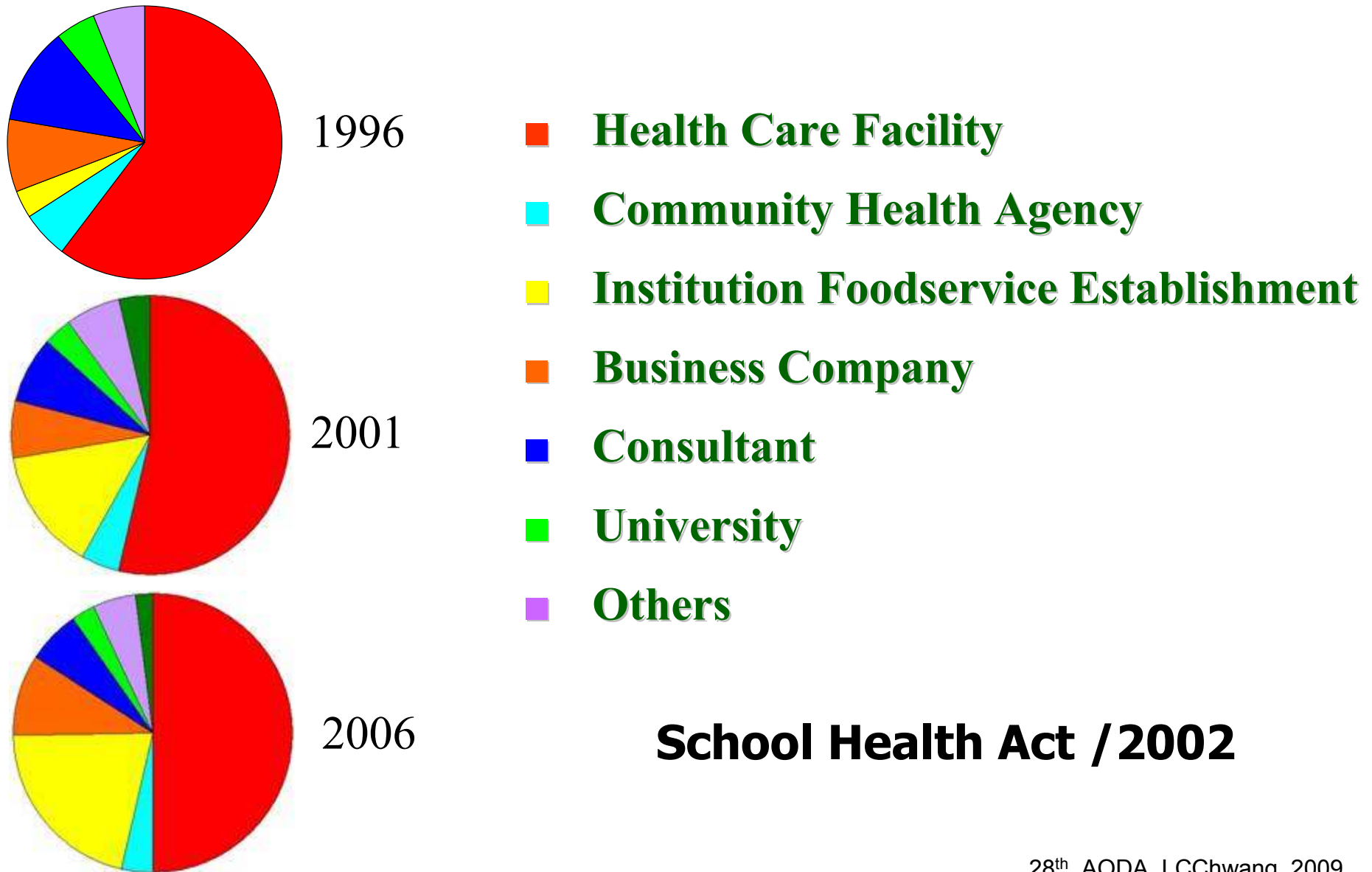
- **Dietetics: a profession for health**

**A dietitian is a person with a qualification in Nutrition & Dietetics recognized by national authority.**

**The dietitian applies the science of nutrition to the **feeding and education** of groups of people and individuals in both **health and disease**.**

- **Adopted by ICDA, 2004, 2008**

# Worksites of Dietitians in Taiwan

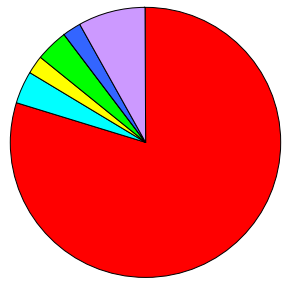


# School Health Act- Taiwan

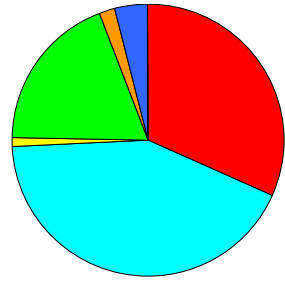
- **Article 23** □ School providing diet, must be wholesome, safe, balanced nutrition, and implement nutrition education. These duties are performed by dietitians.
- **1 RD/40 classes.**



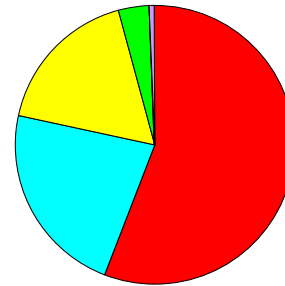
# Employment Settings for Dietitians in Asia



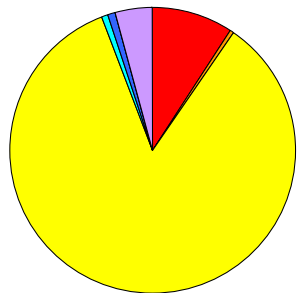
Hong Kong



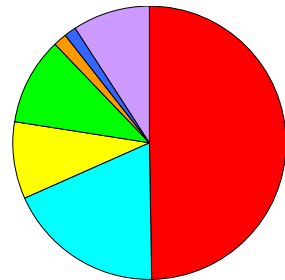
Indonesia



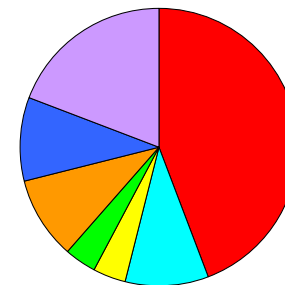
Japan



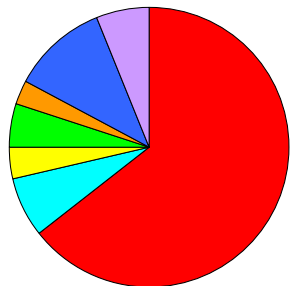
Korea



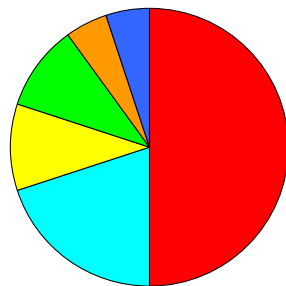
Philippines



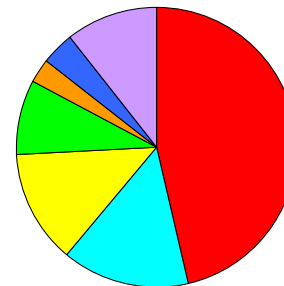
Singapore



Taiwan



Thailand



Average



Source: LCChwang, 1996

# Diversified Opportunities

- **Clinical Dietitian**
- **Administrative Dietitian**
- **Community Dietitian**
- **Research Dietitian**
- **Business Dietitian**
- **Teaching Dietitian**

# Questions

- **What is the registration requirement in Asian countries ?**
- **Who hires dietitians trained overseas?**
- **Is there a consensus on curriculum and practicum requirement in Asian countries?**

# The European Dietetic Benchmark Statement

750 credit hours

ICDA 500 credit hours  
2004, 2008



EUROPEAN  
FEDERATION OF  
THE ASSOCIATIONS  
OF DIETITIANS

European  
Academic  
and  
Practitioner  
Standards

For

**Dietetics**

Assembled by the European Federation of  
Associations of Dietitians (EFAD)

*June 2005*

# Internship - Taiwan

Since 2006

Category	Credit / Hours
Basic	1 / 64
Foodservice Management	2 / 128
Clinical Nutrition	3 / 192
Community Nutrition	1 / 64

**448→896 hrs**

# PGY Curriculum in Taiwan

1st yr	Patient foodservice management □9-12 months□	
2nd yr	Clinical nutrition therapy and support □9-12 months□	Community nutrition education □3-4 months□
Basic course	40 hr	
	Ethics, laws	8□10 hrs
	EMB, statistics	4□ 6 hrs
	Quality improvement	6□10 hrs
	Health and nutrition policy	6□ 8 hrs
	Nutrition assessment, counseling skills	6□ 8 hrs

# Asian Dietitians in the Boulderless Societies

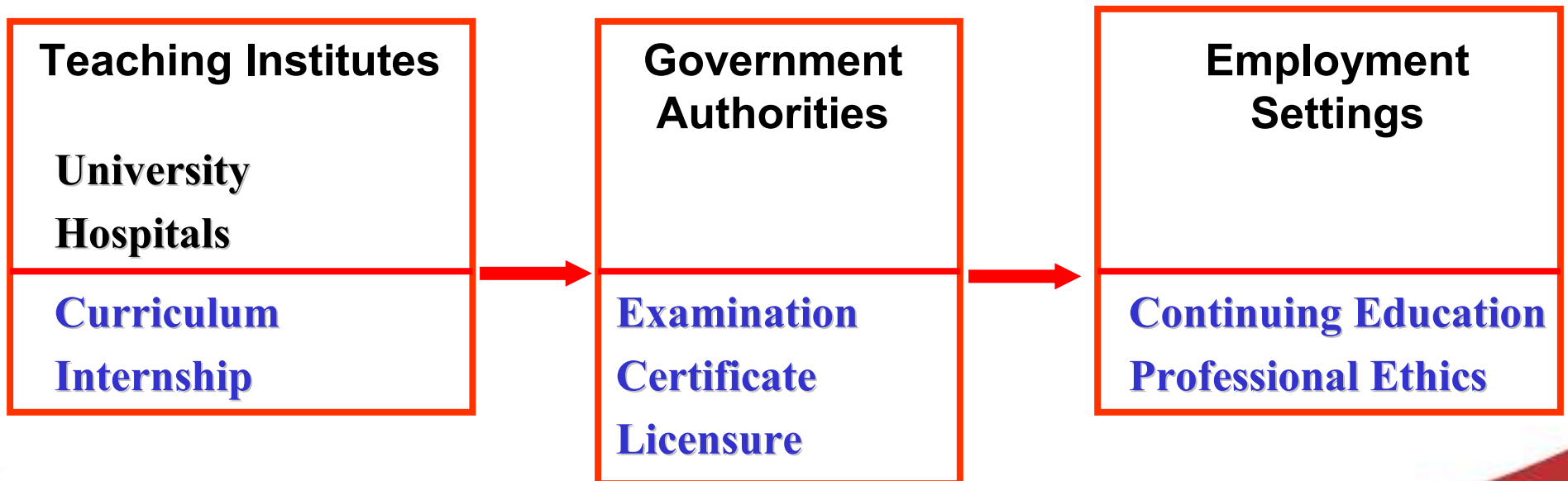


Taipei Veterans General Hospital, Taiwan



# Requirement of Dietetic Profession

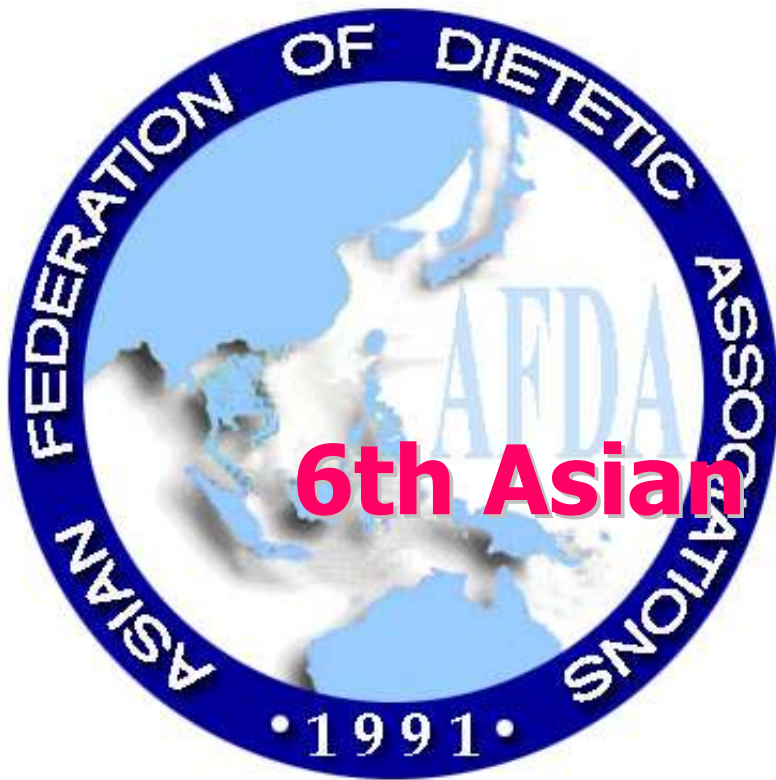
- Curriculum
- Internship
- Registration □ licensure
- Professional ethics
- Continuing education



# Welcome to Taipei for the 6th ACD

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**2014**  
**6th Asian Congress of Dietetics**  
**Taipei, Taiwan**